## COVID-19

A new coronavirus, is causing an outbreak of respiratory illness called COVID-19.



The virus usually spreads from **CLOSE PERSON-TO-PERSON CONTACT** 

through respiratory droplets from coughing and sneezing.





The virus may also spread

TRANSMISSION, when tiny

droplets remain in the air even after the ill person

**THROUGH AIRBORNE** 

leaves the area.

SYMPTOMS MAY DEVELOP WITHIN 14 DAYS OF EXPOSURE to the illness.

Only **DESIGNATED LABORATORY TESTS** can diagnose the virus.



## FEVER

COUGH



In rare cases, it can lead to severe respiratory problems, kidney failure or death.

For more information, consult the Center for Disease Control and Prevention website: <u>www.cdc.gov/COVID19</u>

## THE BEST WAY TO PROTECT YOURSELF



Wash your hands frequently and thoroughly using soap and water for at least 20 seconds. Use alcohol-based hand sanitizer if soap and water aren't available.



Cough or sneeze into a tissue or flexed elbow, then throw the tissue in the trash.



Avoid touching your eyes, nose or mouth with unwashed hands.



Avoid close contact with people who are sick, sneezing or coughing.



Stay home when you are sick.



Clean and disinfect surfaces and objects people frequently touch.



Only wear a face mask if you have respiratory symptoms or are caring for someone with respiratory symptoms.

